



Dear Parents,

We hope this letter finds you well. As we are all facing the quarantines of COVID-19, we at Life Chapel we want to support you and your kids. We wanted to bring you some encouragement as well as provide some great resources for your kids in the coming weeks. Dealing with fear, anxiety, and social distancing is hard no matter what age you are. One of the best ways to get through is to be open to praying with your children about what he/she is going through as well as keep them busy through learning! On the next page we have provided some great ways to talk and pray with your kids during this time as well as some fun resources of items your kids can do throughout the week. You can also find these items on our kid's webpage at [www.lifechapelonline.com/kids](http://www.lifechapelonline.com/kids).

Also included in this packet is our Printable Kids Church lesson for the week that will be available each Sunday @ 10am on our site! There are fun coloring pages, a memory verse, a Bible Time, a science experiment of the week, and a challenge! There are 2 parts of what is provided that they may ask you to submit for them. The kids will be challenged to live the Bible Point this week with a chart. Each time they do something on their chart; they can either check it off or put a sticker on it. At the end of the week, the kids are welcome to take a picture of their chart and send it to Olivia to get an extra life buck when Kids Church reopens. The second item is going to be the verse of the week. You are also welcome to submit a video of your child reciting the memory verse to Olivia to also get another extra Life Buck each week.

Some other items we will open up for our Kids Church at Home will be accessible on the Life Chapel Facebook Page. Each Wednesday we will post a color and verse of the week that you can share with your kids and inspire them. You can also submit a video of your kids reciting this verse wearing that color for a 3<sup>rd</sup> Life Buck for the week! We will also put together a You Tube list of worship songs for your kids to dance around to each week as well on Mondays.

If you need any help during this time whether it is a family need, homework help with the kids, or they or you need anyone to talk to during this time, please don't hesitate to reach out. You can contact the office at 540-464-5433 or [info@lifechapelonline.com](mailto:info@lifechapelonline.com) or directly to Olivia Smiley at her Google Number: 540-458-1662, Facebook Messenger, or add her on the Marco Polo – Stay in Touch App with her Google Number above. Marco Polo is a fun new app that is a video based Walkie Talkie. You are welcome to set up your own app and add Olivia, or you can contact her on how to set it up, and she can invite you to join the LIFE Super Kids Group. These are all great ways to also give you and your kids some face time with others even if they can't come over! All the forms of communication above are perfect for submitting your kids' items for Life Bucks.

We are here for you and your family. Please let us know if there is anything we can do.

Blessings and prayers,

Pastor David and Joy Lively, Olivia Smiley, and the Super Kids Staff

**RESOURCES FOR PARENTS:** Great Resources for how to talk with your kids about fear, anxiety, social distancing, and COVID-19.

Articles

1. <https://theparentcue.org/managing-fear-and-anxiety-during-a-health-pandemic/>
2. [https://theparentcue.org/wp-content/uploads/2020/03/Anxiety\\_CG\\_Preschool.pdf](https://theparentcue.org/wp-content/uploads/2020/03/Anxiety_CG_Preschool.pdf)
3. [https://theparentcue.org/wp-content/uploads/2020/03/Anxiety\\_CG\\_Elementary.pdf](https://theparentcue.org/wp-content/uploads/2020/03/Anxiety_CG_Elementary.pdf)

Podcast:

1. <https://orangeblogs.org/252basics/okp-022-helping-kids-navigate-anxiety-naming-the-worry-monster/>

**RESOURCES FOR KIDS:** Fun activities, apps, and websites for kids to use during the week!

<p><b>Allstar Kids Club App:</b> A great app packed with Bible based kid's videos, music, shows, etc.</p> 	<p><b>Kids Church Online:</b> Free subscription to a video kids church each week.</p> 	<p><b>Weekly Fun Kids Videos from Orange</b></p> 	<p><b>The Greatest Journey App from Samaritan's Purse</b></p> 
			
<p><a href="https://www.allstarskidsclub.com/allstars-kids-club-app/">https://www.allstarskidsclub.com/allstars-kids-club-app/</a></p>	<p><a href="https://www.kidology.org/kidschurchonline">https://www.kidology.org/kidschurchonline</a></p>	<p><a href="https://vimeo.com/showcase/6874412">https://vimeo.com/showcase/6874412</a></p>	<p><a href="https://www.samaritanspurse.org/operation-christmas-child/taj-game-app/">https://www.samaritanspurse.org/operation-christmas-child/taj-game-app/</a></p>

Marco Polo App discussed earlier:

<https://www.marcopolo.me/>



This is a great app to help with face time with friends and to connect with each other. It is a Walkie Talkie type app that is video based. Simply pick the person you want to talk to, record a video on the app, and it will automatically send to that person. The person receiving the video can watch it live or open the video when he/she has time and respond in the same manner. We have created a LIFE Super Kids Group on this app so they can submit their challenges or simply talk with one another.