GENERAL CLEANING INSTRUCTIONS
FOR LIMBS & THINGS PRODUCTS

DO’s

- Wash hands before use and place the product on a clean surface.
- Wear gloves at all times and remove all jewellery items.
- Clean the product with a damp soft cloth or sponge, using only warm water with mild detergent such as Milton fluid, after every training session.
- For veins or fluid cavities always drain, rinse and allow to air dry.
- Follow User Guide Instructions carefully when cleaning trainers containing fluids.

DON'Ts

- Do not use harsh detergents to clean products, they may reduce the life of the product.
- Do not submerge any products in water or fluid.