

CARE PACKAGES

Looking for a way to support the individuals who are serving our community right now? Here are some suggestions for care packages for healthcare workers, garbage (wo)men, mail deliverers, H.E.B. workers, etc.:

chapstick
tissues
lotion
gum/mints
chocolate/cookies
protein bars or high protein snacks
coffee shots or Starbucks products
hand sanitizer
thank you note(s)

Note: we suggest that you call ahead if you want to deliver to a hospital. If you want to know who to call, please email covidresponse@saumc.com