

Bread From Heaven



Sunday

- Read Together
Bread From Heaven
Exodus 15 - 17
- Talk About It
Would you have
trusted God to
provide?
- Pray About It
Ask God to help you
trust Him

Monday

- Play Together
Blindfolded Trust
Do you trust me?
- Talk About It
Why was it hard to
trust blindfolded?
- Pray About It
Ask God to help you
follow His lead.

Tuesday

- Play Together
Gather Manna
How much is enough?
- Talk About It
Would you have
gathered extra?
- Pray About It
Ask God to help you
rely on Him.

Wednesday

- Watch Together
Water, Manna & Quail
Click Here
- Talk About It
What has God
provided for you?
- Pray About It
Ask God to show
you His provision.

Thursday

- Craft Together
Putting God first in
all things.
- Talk About It
How did the
Israelites put God
first?
- Pray About It
Thank God for always
caring for us.

Friday

- Read Together
Re-read the story
Exodus 15-17
- Talk About It
What new thing did
you learn today?
- Pray About It
Thank God for
teaching us to trust
Him.

Saturday

- Bake Together
Bake bread
Directions provided
- Talk About It
How has this story
impacted you?
- Pray About It
Thank God for providing
for our needs.

Activity Directions

Monday

Blindfolded Trust

- 01** Pick one person in your family to be the leader, and one person to be blindfolded.
- 02** The object of the game is to have the "leader" lead the blindfolded person, using only words, to fill a glass of water, and place it on the table without spilling or lifting their blindfold.
- 03** Continue to play until all family members have had a chance to lead or be blindfolded.

God asked the Israelites to blindly trust His provision for their families. All they had to do was follow His lead.

Tuesday

Gather Manna

- 01** Scatter paper throughout your house. Use either paper shredding, hole punch scrapes, or ripped paper.
- 02** Send your kids through your house to gather as much "manna" as they can.
- 03** Set a timer to see how fast they can gather it all.

God told the Israelites that he would provide enough for the people each day. Some Israelites didn't trust God, and gathered as much as they could, as fast as they could.

Thursday

God First Craft

- 01** What you need:
Paper Plate, Colored Paper, Scissors, Stickers (if desired), Glue, Markers/Crayons
- 02** Cut arrow shapes out of the colored paper. One should be larger than the other like hands of a clock.
- 03** Decorate the paper plate with things that happen in your lives. Ex: Sports, TV, School, Video Games, etc...
- 04** Glue the large arrow pointing straight up, with the word GOD at the top of the plate.
- 05** Using a brad fastener, place the smaller arrow on top of the bigger arrow so that it can point at the daily family activities.

God reminds us to always put Him first in our lives.

Baking Bread

Supplies

What you need

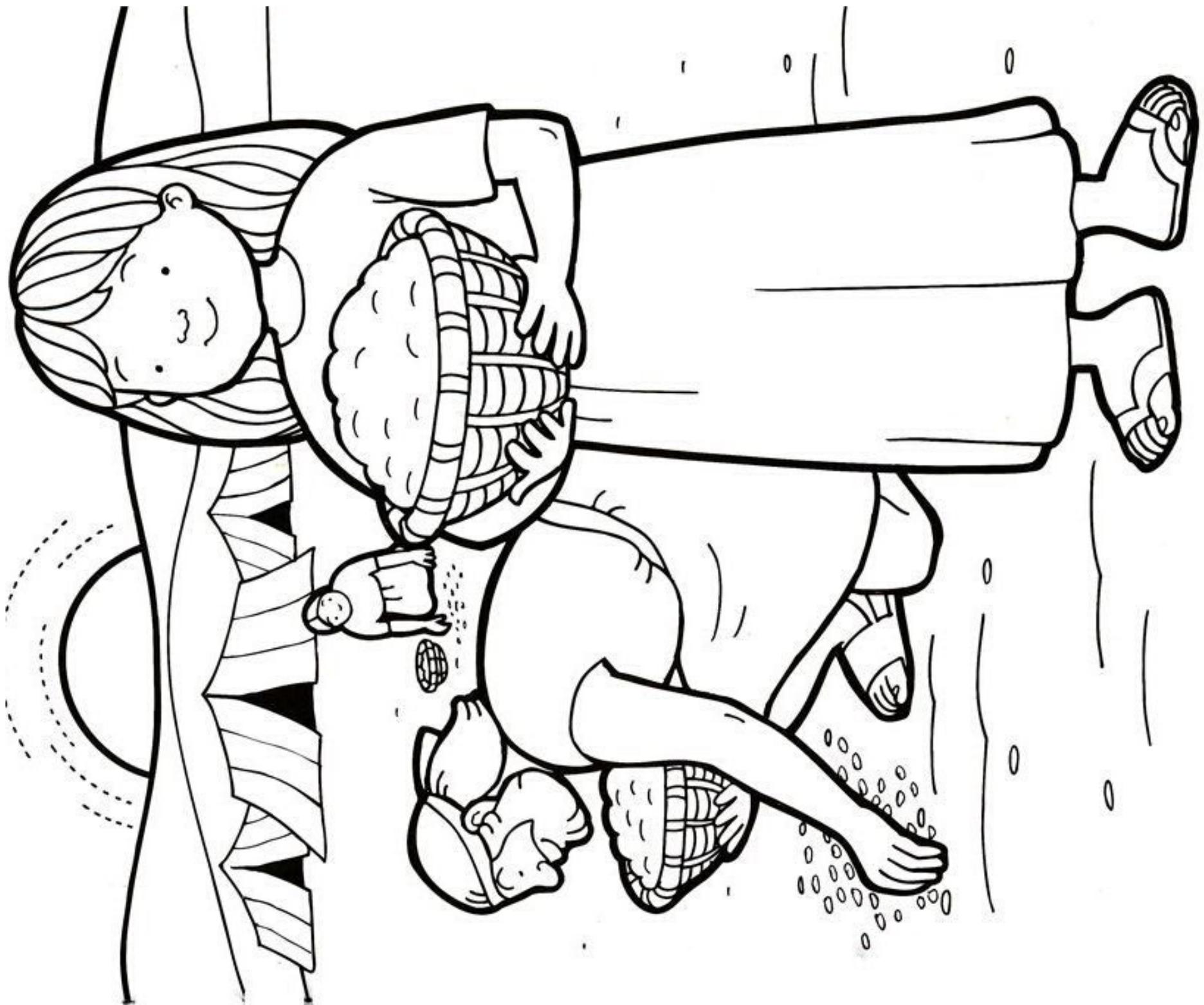
- 01 4 cups of Flour
- 02 2 tsp Baking Powder
- 03 1 tsp salt
- 04 1 1/3 cup milk



God gave the Israelites bread from heaven. They didn't have to make it, or do anything to get it. God gave it to them because He loved them.

How to Baking Bread

- 01 Preheat your oven to 375F with a clean baking sheet in the oven while it preheats.
- 02 Mix the dry ingredients, stirring in the milk slowly. (Using your hands to mix is best)
- 03 Continue to mix until it forms a thick dough.
- 04 Shape the dough into a round disk about 1in to 1.5in thick. (Do not make a round ball, it will not cook in the middle)
- 05 Score the top of your dough with a large, deep X
- 06 Place your dough on your heated baking sheet, and place in the oven for 40 min, or until pale brown.
- 07 Your dough is done when you tap on it and it sounds hollow.



Manna from Heaven

When the Israelites saw it, they said to each other, "What is it?" For they did not know what it was. Exodus 16:15a (NIV)

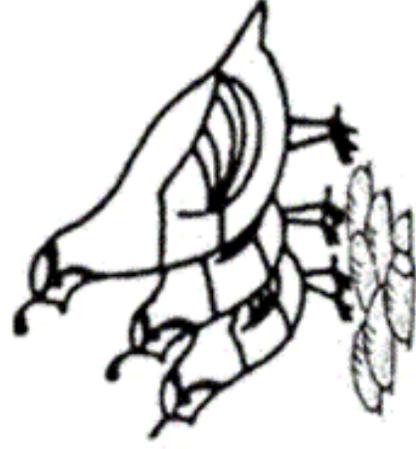
Based on Exodus 16:2-15 (NIV)



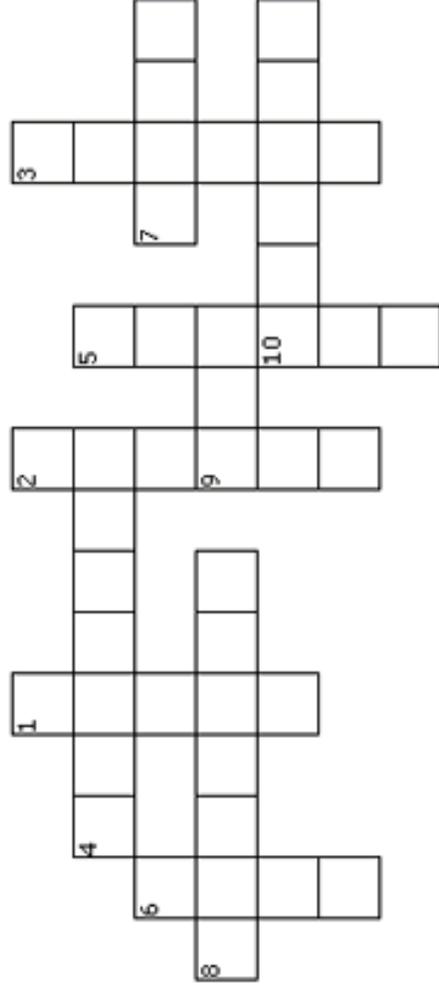
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G R U M B L E D P E P C X W G
A V E A E I D K V S T B A L R
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G M O Q Y H E R R E B E V R U
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W V Y G G X A N H F E A T N Z
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B U T O R D E A T H O L T U V
W C E O S J T A A R O N H T R
L J M U D S Q I L P D E A T A

GOD	FOOD	AARON	ISRAELITES
STARVE	EAT	ENOUGH	HEAVEN
DEATH	DAY	GATHER	MOSES
CAMP	LORD	EGYPT	BREAD
GATHER	GRUMBLED	DESERT	MORNING

Dinner on the Ground



"I have heard the grumbling of the Israelites. Tell them, 'At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the LORD your God.'" Exodus 16:12 (NIV)



ACROSS

- To complain; express feelings dissatisfaction, or resentment
- A place where tents or temporary shelters are set up by travelers
- The early part of the day, lasting until noon
- To take food into the body through the mouth
- The place where God is

DOWN

- A small game bird with a rounded body and short tail
- A dry, sandy area with little rainfall
- To suffer or die from the lack of food
- To pick up or collect into one place
- Something that is eaten to provide nourishment for our bodies

WORDS USED

desert
grumble

food
starve

heaven
gather

morning
quail

camp
eat