Summary of Updates:

Medicare Fee-for-Service

Provide Telehealth Visits, Virtual Check-ins, and E-visits

- Medicare reimbursement is now allowed in urban areas
- All services allow patients to initiate encounters from their home
- Telehealth visits can be with new or established patients
- E-visits and brief “virtual check-ins” can be reimbursed:
  - for emails, calls, texts, and audio/video streaming
  - with established patients
- Eligible providers are:
  - Physicians ● Nurse practitioners ● Physician assistants ● Nurse-midwives Clinical nurse specialists ● Certified registered nurse anesthetists ● Clinical psychologists (CP) ● Registered dietitians or nutrition professionals

- See the CMS Fact Sheet for this 1135 waiver, the list of eligible codes, and FAQs.
- Medicare has Waived licensing requirements that health care professionals hold licenses in the state in which they provide services.*

Medicaid

- State Waivers have expanded opportunities for reimbursement
- Policies vary between states, but updates have been collected online.
- For a good guide for services in your state that were already reimbursable prior to COVID-19, see the 2019 CCHP Report.

Private Insurers

- Many payers have made announcements on telehealth during this pandemic, such as Aetna, Cigna, and BlueShield BlueCross