
THE CLARION

ST. CLEMENT'S EPISCOPAL CHURCH
BERKELEY, CALIFORNIA

FEBRUARY 2020

Parish Retreat March 6-8

at The Bishop's Ranch in Healdsburg



If you have not attended the retreat before, give it a try this year. The setting is beautiful and the company is excellent.

There will be a mix of worship, discussion, and free time — all activities are optional. On Saturday afternoon you may choose wine tasting, hiking, family games, resting, reading, praying, walking, bird-watching, visiting Healdsburg, or talking with new and old friends.

Our seminarian Brian Cleary will lead a discussion on Saturday morning.

There will be children's activities. Older youth are welcome to join the adult program if they wish.

SIGN UP NOW using the form on the welcome table in Palache Hall or by clicking through to the online form from your weekly announcement email.

Financial assistance is available.

Questions? Call or write to the church office.

St. Clement's Episcopal Church

The Rev. Bruce D. O'Neill, Rector

bruce@stclementsberkeley.org

D. Thomas Poynor, University Chaplain • *tom@calepiscopal.org*

Brian Cleary, Seminarian • *bcleary@ses.cdsp.edu*

Linda Gavenda, Director of Music • *lindagavenda@mac.com*

Victor Gavenda, Choirmaster • *victor@gavenda.com*

Margaret Ruenzel, Youth Choir Director • *mruenzel@gmail.com*

Sarah Williams, Office Administrator • *stclements@stclementsberkeley.org*

Office hours: Monday-Thursday 9:30 am to 1:00 pm

2837 Claremont Boulevard • Berkeley, California • 94705

(510) 843-2678 • *www.stclementsberkeley.org*

Lent and Holy Week

Ash Wednesday—February 26

- 11:30 am Holy Communion and Imposition of Ashes
- 6:30 pm Holy Eucharist and Imposition of Ashes

Sunday of the Passion: Palm Sunday—April 5

- 8:00 am Holy Communion
- 10:00 am Palm Sunday Procession and Holy Eucharist
- 11:15 am St. Mary's Guild Bake Sale

Maundy Thursday—April 9

- 6:30 pm Soup Supper and Holy Eucharist followed by the Stripping of the Altar

Good Friday—April 10

- 12:00 pm Three-Hour Liturgy with music and meditations — you are welcome to come and go at any time during the three hours

Easter Day—April 12

- 8:00 am Holy Communion with Easter hymns
- 10:00 am Holy Eucharist with Easter hymns and choral and instrumental music
- 11:30 am Sunday School Egg Hunt

Prayer List

In Our Parish: Dee, Catherine, Ysella, Nancy, Joe, Timothy, Katherine, Paul, Tony, Tecia, Doris, Sally, Jan, Dorothy, Mary

Friends & Loved Ones: Max, Lois, Amy, Jacquie, Marty, Monique, Ed, Amy, Somsri, Patrick, Rosialeigh, Julie, Mark, Lynette, Davida, Bode, Betty, Jeanie, Katelyn, Tatum, Charlotte, Julie, Bob, Connie, Candace, Stephen, Theo, John, Dan, Bounhipop, Kham, Derek, Gianna, Lisa, Mike, Claus, Joni, David, Andrew, Michael, Tom, Daniel, Vanessa, Doug, Bonnie, Bertha, Nancy, Linda, Ernie, Leroy, Anne-Marie, Bob, James, Wandej, Nuansri, Ganjana, Simone, Joe, David, Douglas, Sally, Steve, Reed, Gordon, Thomas, Candace, Tyler, Christine, Conrad, Carrie, Kaity, Bill, Barry, Don, Paul, Doug, Charlie, Leland, Vasili, Susan, Helen, Iris, David, Aileen, Walter

You may submit prayer requests to the church office by email or phone.

In Memoriam

The Rt. Rev. Gordon Charlton, Jr., died on February 1. Bishop Charlton was the retired suffragan Bishop of the Diocese of Texas, former faculty member at Virginia Theological Seminary, and father of our choir and vestry member Virginia Jardim.

The Lectionary

February 2

- Malachi 3:1-4
- Psalms 24:7-10
- Hebrews 2:14-18
- Luke 2:22-40

February 9

- Isaiah 58:1-12
- Psalms 112:1-10
- 1 Corinthians 2:1-12
- Matthew 5:13-20

February 16

- Deuteronomy 30:15-20
- Psalms 119:1-8
- 1 Corinthians 3:1-9
- Matthew 5:21-37

February 23

- Exodus 24:12-18
- Psalms 2
- 2 Peter 1:16-21
- Matthew 17:1-9

March 1

- Genesis 2:15-17, 3:1-7
- Psalms 32
- Romans 5:12-19
- Matthew 4:1-11



Report from the Environmental Stewardship Committee

As Christians, we know we have a responsibility to cherish and protect the world we have been given, especially as we become more aware of climate change. At St. Clement's we are trying to make that a reality.

For example, instead of throwing food waste and soiled paper in landfill where it outgasses methane and contributes to global warming, now we are composting in the kitchen. It sounds like a small change, but you'd be amazed what a difference this makes! Every move in the right direction is a move for the good.

Another very important change we can all make is to eat plants instead of animal products. Animal agriculture has a bigger carbon footprint than the entire transportation industry, including all cars, planes, trucks, and shipping! Eating plants instead of

animals is considered the single most important change an individual can make, cutting one's carbon footprint in half overnight. We have been learning how easy and delicious it can be through Helen Hampton's informational vegan coffee hours and cooking class, and she is also available one-on-one for any questions or guidance.

Another project we are very excited about is planting trees. Trees and vegetation help to sequester carbon, so our planet can begin to heal. We hope to have more information out about this soon, hopefully launching our initiative in time for Earth Day. In the meantime, if you want to get started early, go to trilliontrees.org.

Another great change we can all make is to make sure the energy we are using in our homes is sustainably sourced. Jessica Woodard promises this is a simple matter of checking over one's P&GE bill, and if you bring it to church, she can show you how.

Other actions we are taking: we'll be presenting a Sustainability 101 class, including simple DIYs and swaps for making your kitchen and bathroom plastic-free. Also, thanks to Linda Gavenda's efforts, the Crab Feed will be 99 44/100ths recycled and composted!

If you'd like to take a more active role in all these exciting changes, please join us!

Sincerely, the Environmental Stewardship Committee
Jessica Woodard, Chair

Movie Group

Sunday, February 9, 5:00 pm
at the home of
David and Kathleen Stone

Join us for the Movie Group's annual Academy Awards night! We will meet at the home of David and Kathleen Stone to watch the broadcast. It is tradition that we watch as many of the nominated movies as we can beforehand, then watch the awards together. Bring snack foods to share and beverages of your liking.



Call (510) 652-8284 for directions.



The Clarion

Parenting Workshop

Saturday, February 29, 1:00-4:00 pm

in Palache Hall

Join us for a free family workshop, "Countering Everyday Stresses in Today's Families." Learn a variety of fun home activities to counter stress. All family members welcome. Facilitator: Dr. Jane Brooks, family therapist and author of *The Process of Parenting*.

2020 Pledge Drive

It is not too late to make a pledge toward our 2020 stewardship campaign. If you have yet to make a pledge, please prayerfully consider.

As of February 5, we have received 86 pledges totaling \$255,917.

Thanks to:

Kellie and Steve Abreu, Marjorie Alvord and Michael Berry, Karen Austin, Schuyler and Susie Bailey, Natalie Balfour and John Cove, Dottie Barber, Bernadette Bell and Kenneth Wachter, Dorothy Berndt, Jane Brooks, Don and Carol Anne Brown, Cartmell Family, Anne Casey, Richard Catterton and Colleen Pask, Mary Chaffee, Mary Louise Chapman, Grange and Heidi Coffin, Katie and Russell Creighton, Claire and David Cunningham, Bob and Judy Davis, Elizabeth de Juan, Cathy De Vos, Doug and Linda Dobson, Milton Edelin, Linda (Piego) Ellwood, Jason and Lyn Estavillo, Charles Farnsworth, Jim Fousekis, Joseph Furstenthal, Neysa Garrett, Victor and Linda Gavenda, Dian Gillmar, Christine and Victor Gold, Alexandra and Joel Grippando, Mandy Hammond, Mary Hanna, Rob and Maryann Hardwicke, Peg Healy, Kenneth and Christina Hecht, Karin Heimbucher, Cici Hoover, Wayne Piersol and Lee Hoover-Piersol, Phil and Virginia Hoyt, Dr. and Mrs. Michael Humphreys, Lynda Hurley, Rob Jacoby, Philip and Virginia Jardim,

Cory Johnson and Alicia Alban, Tom and Marily Johnson, Charlotte Johnston, William Kinney, Bob and Kim Lally, The Layton Family, Eleanor Lindgren,

Monthly Parenting Book Club

Tuesday, February 11

9:45-11:15 am

in the conference room

The book to be discussed is: *Middle School Matters: The 10 Key Skills Kids Need to Thrive in Middle School and Beyond and How Parents Can Help* by Phyllis L. Fagell. Parents of children of all ages are welcome to learn about this age period and prepare or provide anecdotes of their experiences with the age period. The discussion is led by Dr. Jane Brooks, a child and family psychologist and St. Clement's parishioner. This is open to all interested participants.



Robert and Ann Lynn, Barbara Martin, Mark and Loretta McNulty, Elizabeth McReddie, Don and Mary Miller, David Myles and Carrie Horsey, Tom and Liz O'Neil, Bruce and Michele O'Neill, Ann and Steve Oakes, Renaldo and Felice Parisi, Bernard and Joan Pech, Randal and Martha Pendleton, Sheldon and Catherine Ramsay, Mark and Brenda Richardson, Chris Rideout, Aaron Ryan, Hank and Tecia Ryan, Janet Salsman, Rizel Samson, Pat Saunders, Barbara Smith, Ron and Sandy Solis, William and Katharine Sparling, Richard Sproul, Richard and Ysella Stark, Kathy and Chip Sterling, David and Kathleen Stone, David Swanson, Tom and Suzanne Vincent, Susan Waller, Doris Willingham, Betty and Rudy Winnacker, Kelly Woodard

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2020 PLEDGE

Name _____ Telephone _____ Email _____

Address _____

My/Our estimate of giving to St. Clement's Episcopal Church for 2020 is: \$ _____ Annually

For a gift of securities, please contact the church office

Rise Against Hunger

Saturday, February 22
9:30-11:30 am



We need 60 people to volunteer two hours of their time to put together 10,000 meals. People of all ages are encouraged to attend!

Since 1998, Rise Against Hunger has coordinated the distribution of food and other lifesaving aid to people in countries all over the world.

This is a great opportunity to spend a morning helping to end hunger and have fun doing so! Sign up on the sheet in the entryway of Palache Hall, contact the church office, or use the link in your weekly announcement email.

Questions? Don Miller: (510) 912-0715
or donmill@comcast.net.



Meet the New Vestry Members

The following parishioners were elected to the vestry at the annual meeting on January 26:

Emily Rose de Juan Shearon

Emily was born in Durham, North Carolina, and when she was nine her family moved to Baltimore, Maryland. Growing up, Emily spent time in several different types of churches, schools and communities.

In terms of church, Emily's family attended several types as her father worked at different academic medical centers pursuing his fellowship and residency in ophthalmology. She was baptized at the Yates Baptist Church at the age of 7. They attended Immanuel Episcopal Church, outside Baltimore near a farm that her family lived on for a year—which had a the coffee hour that looked very much like St. Clement's! She also has memories of her parents hosting a weekly Sunday dinner at their home for families of the non-denominational church they attended during Emily's high school years.

Although she has had this range of early church experiences, the Episcopal tradition has been a home for her throughout. Her grandmother was a very devoted attendee of St. John's Episcopal Church in Montgomery, Alabama. Emily attended Camp Kanuga in Hendersonville, North Carolina (where she was one of the youngest children to receive outstanding camper!). Emily also attended and graduated with a degree in Economics from The University of the South located in Sewanee, Tennessee. Sewanee is additionally where she met and married her husband, Matt.

Emily's professional experience includes working in Sales and Marketing (Turner Broadcasting in Atlanta, Georgia), and later fundraising (Vanderbilt University Medical Center in Nashville, Tennessee, and then for a couple of non-profits in the Bay Area).

Before coming to the Bay Area, Emily and her husband lived in New Delhi, India, from January to May of 2011. They were volunteers "teaching English" but truly felt India taught them.

Emily and Matt have two children – Howard, age 7, Rosemary ("Rosie") age 4, but often call their corgi, Samurai, age 10, their first born. Howard and Rosie were baptized by Rev. Scott Walters at Christ Episcopal Church in Little Rock, Arkansas. Scott also officiated Emily and Matt's wedding!

Finally, for most of her life she believed on the Enneagram test that she was a "2" or "The Helper," but more recently has come to believe that she may in fact be a "9" or "The Peacemaker."



CLASS OF 2023**Virginia Jardim**

As a PK (preacher's kid), Virginia Jardim grew up in parish rectories in Texas, Alaska, Connecticut, Mexico City and Delaware. When she was in high school, the family lived on the Virginia Theological Seminary campus where her father was a professor.

Virginia is married to Philip Jardim, a retired professor of Biology and Genetics. They met in Brazil where both of them were teaching English. They love singing in the St. Clement's choir and also like to dance and travel. They have three adult children and two grandsons.

Virginia is a Professor Emerita at California College of the Arts (CCA). In addition to teaching international students and maintaining a tutoring program for the college, she created a class in which CCA students mentored under-served students in the Fruitvale district.

Because she is interested in nonprofits that serve the community, Virginia was on the boards of Attitudinal Healing Connection and Peralta Hacienda Historical Park. Currently, she is co-mentor of an EfM study group (Education for Ministry) that meets at St. Clement's.

Steve Oakes

Steve is a native of Philadelphia, Pennsylvania. His family moved to Cheyenne, Wyoming, where he attended High School and the University of Wyoming in Laramie. He was confirmed in St. Mark's Episcopal church in Cheyenne, where he served as an Acolyte and Reader. Steve joined the US Navy after school and served in Viet Nam. After his military service he went to work for the Catalytic/Dow Corp. at the Kennedy Space Center in Cape Canaveral, Florida, where he was a member of the KSC Government/Industrial team that launched Apollo 11 and Apollo 12.

Steve moved back to the Rocky Mountains to Denver, Colorado, and started his life-long career in the hospitality/foodservice industry, where he has held numerous executive positions with national and international foodservice corporations. His work eventually led him to relocate to the Bay Area where he met his wife Ann who was raised in Waterloo, Iowa, and after attending graduate school at Cornell University she also moved to the Bay Area. Steve and Ann now live in Orinda with their Yellow Lab, Maddie.

Steve has created, owned and operated various foodservice-related companies throughout his career. He has also served on several boards of directors, most

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Meet the New Vestry Members

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notably the California Homes for the Aging, of which the Episcopal Homes retirement housing is a member.

After “extensive research” by Ann to find the perfect spiritual community they were married by Bruce at St. Clement’s. Steve is a Reader at the 8am service and is a past member of the Vestry.

Now that Steve has sold all his business interests and retired, (Ann is still working) Steve and Ann are now relearning how to play golf. Their other interests include international traveling, cruising, touring the Wine Country, NASCAR and trips with Maddie.

Steve is looking forward to the opportunity to once again serve on the Vestry.

Tom O’Neil

Tom was born in Argentina, grew up in Washington, D.C., and has lived in the Bay Area since 1995. He was confirmed at Holy Trinity Catholic Church in Washington (Georgetown). Tom attended high school at Sidwell Friends, earned a BA from Pomona College, and an MBA from UCLA’s Anderson Graduate School of Management. Tom and his wife Liz were married at St. Luke’s Episcopal Church in Darien, Connecticut, in 2001. Upon their move to Oakland in 2002, they searched for a church and were immediately drawn to St. Clement’s. Their children Anne and TJ were baptized here, and Anne is an acolyte, a role she loves.

Tom is the Chief Financial Officer at Satsuma Pharmaceuticals and has worked in the biopharmaceutical industry since 1999, serving in C-level and other management roles in multiple public and private companies. He also provided financial planning, financing, and operational support to a variety of healthcare and technology companies as a consultant.

Tom really enjoys travelling, and has lived in Latin America, Europe, and Asia, and visited almost all U.S. states. He is also an avid sailor, spending many of his younger days on the San Francisco Bay, across the Pacific, and on the East Coast, as crew for several competitive racing teams. He has enjoyed providing finance support for non-profits, including the Master Mariners Benevolent Association as Treasurer. Most of all, Tom loves spending time with Liz and the kids.





Kathleen Stone

Kathleen was born in the industrial north of England in the county of the red rose. Her C of E parish was St. Mark's Glodwick. Most of their early social life revolved around their church. Kathleen's folks played tennis on the rec field and many a Saturday was spent watching cricket matches between their team and local Methodist and Congregational teams. Her brothers were in Scouts and she belonged to the Girl Guides. They sang in the choirs and her brothers were bell ringers. Kathleen was confirmed by the Bishop of Manchester in the Cathedral.

A sense of adventure brought her to San Francisco where she met and married and raised a family. Life brought changes and another marriage to David and a move to Berkeley. About 30 years ago Kathleen's mother was visiting for Christmas and they decided to walk up the hill to St. Clement's and the rest is history. The warmth and welcome of the congregation, pageant joy and most of all the love that seemed to flow throughout the church made it impossible not to return. St. Clement's is her chosen Spiritual community. Kathleen completed EfM and recently repeated year 4. She joined St. Mary's Guild and served as president several times. The community and friendships are very precious to her. She has enjoyed participating in the fund raising and community building projects to benefit St. Clement's.

Kathleen has recently retired from the tax practice she and her husband David and worked in for over 30 years and if elected she looks forward to filling some of those newly available hours participating in the activities at St. Clement's.



Winter Supplies Drive

The Outreach Committee has begun a drive for winter supplies to benefit students of Castlemont High School and their families. These families are in need of very basic items for warmth, as well as toiletries. Please bring donations to the barrel in Palache Hall. You are also welcome to write a check directly to Castlemont High School

Your contributions will be much appreciated!

- Toothpaste
- Deodorant
- Soap

- Gently-used blankets
- Toilet paper



February Calendar

FEBRUARY 2 – SUNDAY

- 8:00 am Holy Communion
- 9:00 am Choir Rehearsals
- 10:00 am Holy Eucharist
- 10:00 am Sunday School & EYC

FEBRUARY 3 – MONDAY

- 6:00 pm Education for Ministry

FEBRUARY 4 – TUESDAY

- 10:00 am Crab Feed Setup
- 11:30 am Staff Meeting

FEBRUARY 5 – WEDNESDAY

- 11:30 am Holy Communion
- 6:00 pm Crab Feed

FEBRUARY 6 – THURSDAY

- 7:30 pm Adult Choir Rehearsal

FEBRUARY 9 – SUNDAY

- 8:00 am Holy Communion
- 9:00 am Choir Rehearsals
- 10:00 am Holy Eucharist
- 10:00 am Sunday School
- 11:30 am Outreach Committee Meeting
- 5:00 pm Movie Group Oscars Night

FEBRUARY 11 – TUESDAY

- 9:45 am Parenting Book Club

FEBRUARY 12 – WEDNESDAY

- 9:30 am Staff Meeting
- 11:30 am Holy Communion
- 6:00 pm Education for Ministry

FEBRUARY 13 – THURSDAY

- 7:30 pm Adult Choir Rehearsal & Party

FEBRUARY 16 – SUNDAY

- 8:00 am Holy Communion
- 9:00 am Adult Choir Rehearsal
- 10:00 am Holy Eucharist
- 6:30 pm Really Terrible String Orchestra

FEBRUARY 17 – MONDAY

Church office closed for Presidents' Day

FEBRUARY 18 – TUESDAY

- 7:00 pm Vestry Meeting

FEBRUARY 19 – WEDNESDAY

- 9:30 am Staff Meeting
- 11:30 am Holy Communion
- 6:00 pm Education for Ministry

FEBRUARY 20 – THURSDAY

- 7:30 pm Adult Choir Rehearsal

FEBRUARY 22 – SATURDAY

- 9:30 am Rise Against Hunger

FEBRUARY 23 – SUNDAY

- 8:00 am Holy Communion
- 9:00 am Choir Rehearsals
- 10:00 am Morning Prayer
- 10:00 am Sunday School
- 2:00 pm Memorial Service for Fredrica Parlett

FEBRUARY 26 – ASH WEDNESDAY

- 9:30 am Staff Meeting
- 11:30 am Holy Communion and Imposition of Ashes
- 6:30 pm Holy Eucharist and Imposition of Ashes

FEBRUARY 29 – SATURDAY

- 12:00 pm Parenting Workshop

Worship Schedule:

SUNDAY

8:00 am:

Holy Communion
1928 Book of Common Prayer
(every Sunday)

10:00 am:

Choral Eucharist
1979 Book of Common
Prayer (Rite I)
(1st, 2nd, 3rd, 5th Sundays and
Festival Days)

10:00 am:

Choral Morning Prayer
1928 Book of Common Prayer
(4th Sundays)

WEDNESDAY

11:30 am:

Holy Communion
1928 Book of Common Prayer



St. Clement's on the Internet

If you would like to receive monthly Clarions and weekly announcements from St. Clement's by email, please let the church office know or use the sign-up sheet in Palache Hall. Don't miss out on the latest!

If you enjoy social media, please join us on Facebook, Twitter, or Instagram and add your voice. You will be helping to welcome others to our church.

Most newcomers find churches through web sites or Facebook. In addition to our web site....

www.stclementsberkeley.org

We are on Facebook....

www.facebook.com/StClementsBerkeley

And on both Twitter and Instagram as....

[@StClementsBerk](https://twitter.com/StClementsBerk)