### Mental Health Crisis Services during COVID-19

<table>
<thead>
<tr>
<th>County</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Allegany County</strong></td>
<td>Maryland’s Helpline: Call 211, Press 1 or text your ZIP code to 898-211 (TXT-211) pressone.211md.org</td>
</tr>
<tr>
<td><strong>Anne Arundel County</strong></td>
<td>Crisis warmline: 410-768-5522 Mobile Crisis Team: available from 10 a.m. to 12 a.m. from Sunday to Thursday and 10 a.m. to 2:30 a.m. on Friday and Saturday. Walk-in Clinic at Arundel Lodge, Services provided 9am-11am, * services may soon be provided via telehealth <a href="https://www.arundellodge.org/omhc/">https://www.arundellodge.org/omhc/</a></td>
</tr>
<tr>
<td><strong>Baltimore City</strong></td>
<td>Baltimore Crisis Response Inc. Crisis Hotline: 410-433-5175 Mobile Crisis Team: available 7:00 a.m. until midnight seven days a week</td>
</tr>
<tr>
<td><strong>Baltimore County</strong></td>
<td>Affiliated Sante Group Crisis Hotline: 410-931-2214 • Mobile Crisis Team • In-Home Intervention Team • Urgent Care Clinic Sheppard Pratt Crisis Walk-in Clinic Phone: 410-938-5302 6501 N. Charles Street Baltimore, MD 21204 • Walk-ins are being accepted as of 3/17/20 • Open Monday- Friday 9 am- 9 pm, Saturday 1-5pm</td>
</tr>
<tr>
<td><strong>Calvert County</strong></td>
<td>Maryland’s Helpline: Call 211, Press 1 or text your ZIP code to 898-211 (TXT-211)</td>
</tr>
<tr>
<td>County</td>
<td>Services</td>
</tr>
<tr>
<td>-----------------</td>
<td>--------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Carroll County</td>
<td>Mobile Crisis Teams, In-Home Intervention Team, Urgent Care Clinic</td>
</tr>
<tr>
<td>Cecil County</td>
<td>Eastern Shore Crisis Response Call: 1-888-407-8018</td>
</tr>
<tr>
<td>Charles County</td>
<td>Maryland’s Helpline: Call 211, Press 1 or text your ZIP code to 898-211 (TXT-211)</td>
</tr>
</tbody>
</table>
| Frederick County| Frederick Mental Health Association Crisis Hotline: 1-866-411-6803 Walk-in services are: | - Free of charge  
- Available to all ages  
- Available without an appointment at 226 South Jefferson Street, Frederick MD 21701  
- Extended Hours Starting Monday, March 16th: Monday-Friday 10am-10pm, Saturday and Sunday 10am-6pm  
More information: https://fcmha.org/how-we-help/behavioral-health |
| Garrett County  | Center for Behavioral Health Crisis Line: 301-334-7680 Services:         | Telephone Screening  
Counselors on-call, if needed                                                                                                                                 |
| Harford County  | Klein Family Harford Crisis Center Crisis Line: 1-800-639-8783            | - Provides Mobile Crisis  
- Walk-in Available (Client must be over 18, and will be screened for flu-like symptoms)                                                                 |
<table>
<thead>
<tr>
<th>County</th>
<th>Contact Information</th>
</tr>
</thead>
</table>
| Harford County      | Harford County Health Department-Behavioral Health  
Call: 410-877-2340  
- Behavioral Health is setting up telehealth services in the next couple days |
| Howard County       | Howard County Mobile Crisis Team:  
Crisis Hotline: 410-531-6677  
- Available 9 am to 11 pm seven days a week.  
Grassroots Crisis Intervention- Walk-in Clinic:  
Call: 410-531-6677, to make arrangements for services.  
- Walk-in service will be limited to urgent needs, such as Urgent Substance Misuse or Literal Homelessness |
| Montgomery County   | Montgomery County 24 Hour Crisis Center:  
Crisis Hotline: 240-777-4000  
- Provides free crisis services 24 hours a day/ 365 days a year.  
- Telephone Crisis Counseling  
- In person Crisis Counseling (as needed, please call crisis line first) |
| Prince George’s County | Affiliated Sante Group:  
Call: 301-429-2185  
- 24-hour Operations Center  
- Mobile Crisis Teams  
- In-Home Intervention Team  
- Urgent Care Clinic  
- Non-Mental Health Emergency Housing  
- Critical Incident Stress Management |
| St. Mary’s County   | Maryland’s Helpline:  
Call 211, Press 1  
or text your ZIP code to 898-211 (TXT-211) pressone.211md.org |
## Washington County

Mental Health Center of Western Maryland  
Call: 301-791-3045  
  - Mobile Crisis Team

## Eastern Shore Services

- **Life Crisis Center:**  
  Crisis Hotline: 410-749-4357  
  - Provides a 24 hour crisis hotline

- **Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS)**  
  Call: 1-888-407-8018;  
  - Serving nine counties on the Eastern Shore. Four mobile crisis teams located in Cecil, Dorchester, Kent, and Wicomico Counties.  
  - Available from 9 am to midnight, seven days a week, 365 days a year to respond to mental health and substance use crises as defined by the caller

  More Information:  
  https://www.thesantegroup.org/eastern-shore-crisis

- **Mobile Treatment/ACT – Lower Shore Clinic Team**  
  Call: 410-341-3420  
  - The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.

  More Information:  
  https://www.lowershoreclinic.org/assertive-community-treatment

- **Urgent Care Clinics:**  
  Lower Shore Clinic (Wicomico): 410-341-3420;  
  https://www.lowershoreclinic.org/

  Eastern Shore Psychological Services (Somerset): 410-651-4200;  
  https://espsmd.com/

  - Provides mental health assessment and consultation within 48 business hours to prevent the individual’s condition from worsening. If psychiatric care is identified, an evaluation will be
<table>
<thead>
<tr>
<th>scheduled with a psychiatrist within a 30 day period.</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Call ESCRS after business hours: 1-888-407-8018</td>
</tr>
</tbody>
</table>