Family Prayers
For use at Home
This simple liturgy has been designed for use at home, especially during these anxious times when church services are suspended.

Even if praying together as a family is not your normal activity, please consider having a go.

**Suggestions as how to use this booklet**

- If you can, find a time when you can be together, maybe Sundays 9am.
- Use the prayers and select the reading or the video from the Parish Weekly email
- Download the Activity and Colouring Sheets from the Children and Family section of the Weekly email.
- Choose a family member to lead.

“Start children off on the way they should go, and even when they are old they will not turn from it.” Proverbs 22.6

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**Some words of comfort in strange times**

“All shall be well, all shall be well and all manner of things shall be well”.

Julian of Norwich 14thc.

*She lived through the Black Death*

For I, the Lord your God, I hold you by your right hand; it is I say to you, ‘Do not fear, I will help you. Isaiah 41.13

*Watch thou, dear Lord, with those who wake, or watch, or weep tonight, and give thine angels charge over those who sleep. Tend thy sick ones, Lord Christ. Rest thy weary ones. Bless thy dying ones. Soothe thy suffering ones. Pity thine afflicted ones. Shield thy joyous ones. And all, for thy love’s sake. St Augustine 4th c*

*When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. Isaiah 43:2*
make decisions.  
Bless doctors, nurses, carers and all who are sick.  
Bless those who keep us safe.  
Help us to trust in your love and protection,  
and give us faith to believe that all will be well.  
In Jesus’ name. Amen

Say together the Lord’s Prayer:

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.

Blessing

May the light of Jesus Christ, the King of all,  
Shine ever brighter in our hearts,  
That with all the Saints in light  
We may shine forth as lights in the world.  
Amen

A song may be sung or listen to a hymn on the Weekly email

Family Prayers

Gathering

Come together, in one place, if you can, light a candle.

L * In the name of the Father and of the Son and of the Holy Spirit. Amen

L This is the day that the Lord has made.  
Let us rejoice and be glad in it.

A song could be sung or listen to one of the hymns on the Weekly email

Confession

We call to mind our failings and say sorry.

Lord Jesus, you know our failures:  
Lord, have mercy.  
Lord, have mercy.  
Lord Jesus, you forgive sinners:  
Christ, have mercy.  
Christ, have mercy.  
Lord Jesus, you give yourself to heal us and bring us strength:  
Lord, have mercy.  
Lord, have mercy.

Absolution

Say together:

God forgives you  
Forgive others  
Forgive yourself
Prayer for the week (Collect)
Use the Collect from the Weekly email

Reading or Video
Use the Gospel reading and/or the Video from the Weekly email

Discuss the story
What did you like most?
Who were the main characters?
Was Jesus in the story? If he was, what does he say?
What would I want to ask Jesus?
What can I learn from the story?
What’s next?

Profession of Faith
Let us declare our faith in God.

We believe in God the Father, from whom every family in heaven and on earth is named.
We believe in God the Son, who lives in our hearts through faith, and fills us with his love.

We believe in God the Holy Spirit, who strengthens us with power from on high.
We believe in one God; Father, Son and Holy Spirit.
Amen.

The Peace
L The peace of the Lord be always with you
And also with you
Share the Peace with your family.
You can use BSL https://youtu.be/CoIRm5HQGFg if touching is not safe.

A song may be sung or listen to a hymn from the weekly email

Prayers
Pray in your own words for:
The World
The Parish and our communities
Your Family and Friends
The Sick, and those who care for them
The Departed
Those whom the world forgets
Loving God, bless us, our family and our friends.
Be with those who are worried and anxious at this time.
Give wisdom to our political leaders and all who