

Coronavirus: advice for students & staff



What to look out for:

- A cough
- A high temperature
- Shortness of breath

Please Note: These symptoms do not necessarily mean you have the virus. The symptoms are similar to more common illnesses, such as cold & flu.



What to do:

- Cover your mouth & nose with a tissue or sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately
- Wash your hands with soap & water often – use hand sanitiser gel if soap & water are not available
- Try to avoid close contact with unwell people



What not to do:

- Panic - although the risk to the public overall has been raised from low to moderate, try to remain calm
- Touch your eyes, nose or mouth if your hands are not clean
- Go to busy public places if you have been in close contact with someone with confirmed Coronavirus



Key information:

- If you are worried about yourself, the best thing to do is call 111 (the NHS non-emergency number)
- You can also Google "NHS coronavirus questions" for more information