

FEBRUARY 2020 PILGRIM'S PROGRESS

SETTING GOALS

LEADER NIGHT -- JANUARY 28TH

On January 28th Pilgrim Church's leaders and committees gathered in Monbleau to set their goals for for 2020. Moderator John Guertsen provided each church committee with a "SMART" guide for setting just one goal -- a guide which could be used in many settings -- both professionally and personally.

SMART

- S.** Specific, sensible, significant
- M.** Meaningful, motivating
- A.** Achievable, agreed, attainable
- R.** Relevant, reasonable, realistic and resources, results based
- T.** Time-bound, time-based, time-limited, timely, time-sensitive

Using this guide, each group was able to come up with one clear goal for 2020. Church Council will support better publicity. The Deacons will improve outreach to church visitors. Music will provide a CD. Missions will recruit volunteers for Faith Family Kitchen Suppers.

This issue:

WAVES OF FAITH
PAGE 02

MISSIONS
PAGE 03

KNITTING FOR PEACE
PAGE 03

PCCWF NEWS
PAGE 04

ADULT EDUCATION
PAGE 05

BIBLE CHEERLEADER
PAGE 06

EASTER PREVIEW
PAGE 06

MUSIC NOTES
PAGE 07

BIRTHDAYS
PAGE 07

STEEPLE LIGHTINGS
PAGE 07



Waves of Faith

BY REV. DR. SUSAN CARTMELL

One of my favorite books this winter has been *The Overstory*, written by Richard Powers. It is the story of how people are affected and influenced by trees. Powers is a retired English professor who taught at Stanford and though he has written many novels this one received the Pulitzer Prize for literature. Not only is it beautifully written, but it introduces the readers to a new way of thinking about trees and vegetation. Part of the genius of this novel is that he writes a book in which the trees become like characters but it never crosses the line into fantasy or New Age philosophy. It is hard to read this book without gaining a wholly new and heightened respect for the lasting influence and power of nature.

In an interview about the book, Powers revealed that he was so affected by his research for this novel that he moved to the Smokey Mountains in order to lived in one of the few remaining old growth forests. The people and the plot are all fictional, but the vast knowledge Powers shares about how trees communicate, help one another and champion this organic flow of life in the forest is all based on scientific research. At this point in the industrial age find a new appreciation for forests and wildlife is one of our more humbling lessons as humans. It comes after decades of believing we have every right to subdue nature, manipulate it and tame it for our latest whim. We have a history of putting buildings and infrastructure wherever we please, even at the risk of tamperin with whole eco-systems if they get in our way.

It is a hard heart that is not affected by the news of the devastation in Australia, and the toll that the fires there have taken on millions of animals and billions of trees. This latest major assault to an island continent with some very unique species of animals and plants reminds us again that nature does have a breaking point and while it is resilient, it is also fragile.

Powers says that people suffer from "species loneliness" . It comes from being disconnected from nature. Modern humans have failed to appreciate our inter-dependence with the earth, and that change has come at a high cost, not just for the earth but for us. It contributes to our sense of isolation. We need nature more than most of us acknowledge. It nurtures us and feeds a hungry space in our souls. But then, most of you know that. It is nature that brought you to the Cape. When you sense the fundamental connection with the natural world, you find that you are not lonely even if you live alone or walk outdoors alone. Nature is a character in the story of life on Cape Cod. It is the birds that wake you in the morning. It is the wind or water that delights you on your way in the day. Its the lap of waves that lulls you to sleep.

Enjoy!

Blessings,
Rev. Susan



February 2020 God's Call to Healing

February 2nd:
"Deciding to Look Ahead"

February 9th:
**"Reaching for your
Heart's Desire"**

February 16th:
Guest Preacher
Rev. Ed Ferrel-Starbuck

February 23rd:
**"Friends Who Believe in
You: How to Create a
Community of Healing"**

Missions Update

Did you know that in January, Missions gave away \$7,800 on your behalf?

Here's the breakdown:

▪ Yearly donation to Faith Family Kitchen toward food	\$ 1,200
▪ MACUCC dues for 2020	\$ 5,000
▪ Harwich After-Prom Committee	\$ 300
▪ The Family Pantry of Cape Cod	\$ 300
▪ Alzheimer's Family Support Center	\$ 500 (new)
▪ Duffy Health Center	\$ 500

Please note: We are still in need of volunteers from Pilgrim Church for the **Faith & Family Kitchen Hyannis**. Volunteers would be needed on the third Friday of each month and would work in the Kitchen from 4 to 7 PM.

Mission Committee:

Amy Brady
Barbara Eaton

Carolee Wentworth
Dave Brown

JoAnne Clancy
Phyllis Cushlanis

Knitting for Peace

On February 1, 2019, the first meeting of the Friday morning Knitters Group formed. We first met in the Thrift Store, and then when it closed, we moved to Room 17, below the Thrift Store, where we continue to meet regularly.

In case you're wondering, we've mailed seven large boxes of knit goods to Knitting 4 Peace. These boxes have contained more than 100 Peace Pals, and dozens of hats & scarves, as well as baby blankets and baby wash cloths. Not only have these gone to children in need in this country, they have also been distributed to other countries such as Nigeria, Haiti, South Sudan, Cambodia, Vietnam and Zimbabwe, to name a few.

While Knitting 4 Peace remains a large part of what we do, we also knit for ourselves; making gifts for families and friends, and local organizations in need.

Thank you, to all of the people who donated yarn. Because of you, there is a child somewhere who has just received their first toy to cuddle.

Thank you, to the volunteers who give their time and talent to make this happen. If you would like to join us, we meet every Friday from 11-1 in Room 17. We believe in the three C's. Cookie, coffee and conversation. Knitting optional.

Come and join us. Bring your own project, we aren't always knitting for charity.

PILGRIM CONGREGATIONAL CHURCH WOMEN'S FELLOWSHIP

PCCWF invites you to a
Valentine Dessert & Card/Board Game Party
Wednesday, February 19th, 12:30 PM
Monbleau Hall

Bring your cards or game of choice. Coffee,
tea & finger desserts provided.

\$8.00 per person/ guests welcome.

(Checks payable to PCCWF
Pilgrim Church PO Box 247, 533 Route 28,
Harwich Port, MA 02646
ATTN: Beverly Nightingale

(We are seeking donations for a seasonal gift basket to be raffled. See Judy Brown or Jeanie Kahus or leave items in the marked bag by Monbleau.)

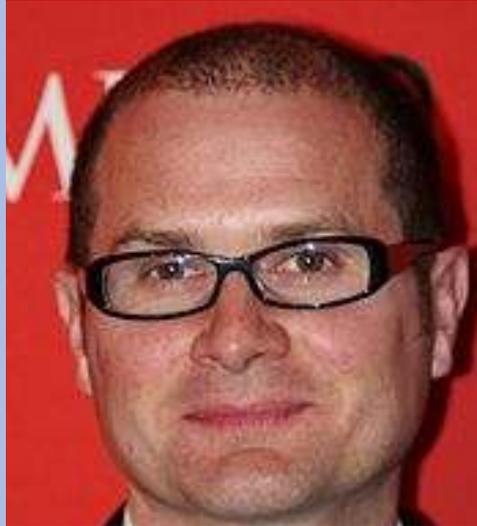
...and in January, we made beautiful flower arrangements for Pilgrim's shut-ins!



ADULT EDUCATION AT PILGRIM

Sundays February 2, 9, 16, & 23 @ 10 AM
Rob Bell Videos

Join Rev. Peggy O'Connor to watch Rob's videos
"Through the Lens of Faith"
and join a conversation that offers a fresh perspective on faith & doubt



ROB BELL is an American author, speaker and former pastor. Bell was the founder of Mars Hill Bible Church located in Grandville, Michigan, which he pastored until 2012. Under his leadership Mars Hill was one of the fastest-growing churches in America. He is also the author of the New York Times bestseller *Love Wins* and the writer and narrator of a series of spiritual short films called NOOMA. In 2011, Time named Bell on its list of the 100 Most Influential People in the World. He has since become a freelance writer and speaker appearing on various talk shows and national speaking tours on topics related to spirituality and leadership. He also hosts a popular podcast called 'The Robcast.' In 2018, a documentary about Bell called *The Heretic* was released.

Sundays March 1, 8, 15, & 22 @ 10 AM

Join with Doug Wheeler and others as we discuss a historical approach to Bible Study using the book *Reading the Bible Again for the First Time* by Marcus Borg. Borg was an American New Testament scholar and theologian. As a Fellow in the Jesus Seminar, he was a major figure in the scholarship that has explored the historical Jesus. Borg's writings are among the most widely known and influential in progressive Christianity.

COMING IN APRIL.....

A look at life and death using the book *Being Mortal*, by Atul Gawande. Led by Ed Ferrel Starbuck, retired Methodist Minister, currently serving as a hospital chaplain.

Loving and Using Your Bible

Nicki Palmer, Bible Cheerleader

Test yourself:

Imagine: Does it snow anywhere in Israel or Palestine???

Lectio Divina:

John 15:5



More to the Story:

Time for reading and understanding Habakkuk (easy to find, as it is right between Nahum & Zaphaniah)!! And learn how to spell it!!

Easter Preview . . .

ASH WEDNESDAY February 26th: To mark the beginning of Lent, we will have a supper in Monbleau @5:15 pm, followed by a service at 6:15 PM. *Join us!*

Taize Worship on Wednesdays in Lent

This Lent Rev. Susan will lead services in the Chapel with readings and simple singing, using music from Taize, a world-renowned retreat center in France. Taize was started after World War II by a Catholic brother who started a sanctuary and retreat center where people could work and worship together in an effort to build world peace following the war. Every summer Taize attracts thousands of youth and young adults from every continent. Speaking so many languages they come together every evening to worship in the common language of music. Their worship has evolved and brings to life simple hymns that are beautiful and easy to learn. Taize worship has become a favorite for people of faith in Europe and Asia, Africa and the US. Our hope is that you will find these services inviting, inspiring and uplifting. If you are interested in learning more about Taize look up their website and listen to the voices.

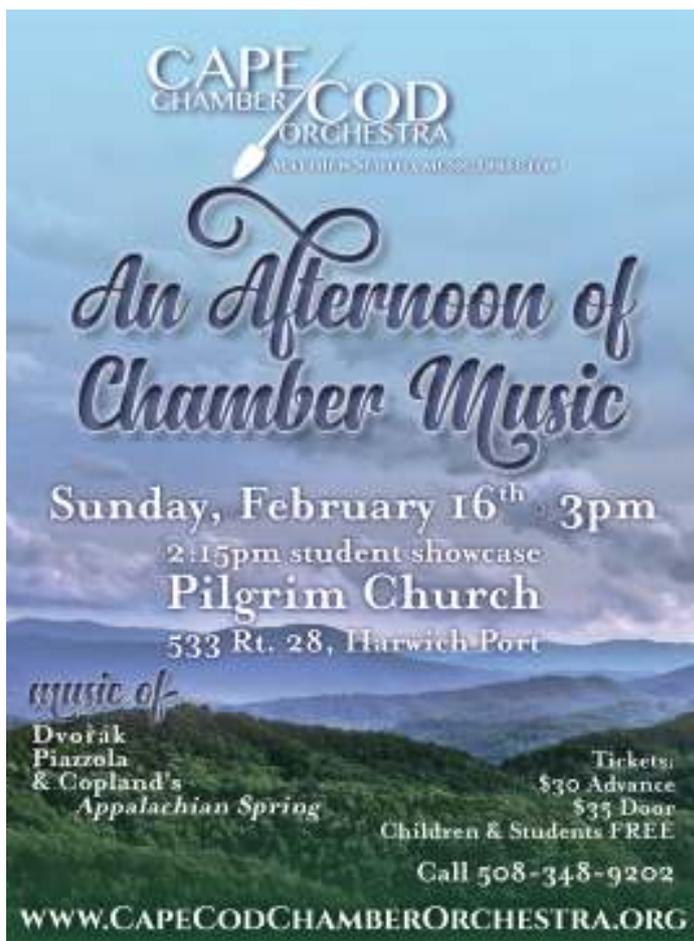
We will start the series on **Ash Wednesday** - in the sanctuary so you can sample it. Supper will be served every evening at 5:15 before worship. Each Wednesday there will be soup, salad and bread served in Monbleau Hall at 5:15 p.m. The Worship begins at 6:15 p.m. and will be over at 6:45.

Mark your calendars now for the series February 26 - April 1.

Music Notes

Congratulations CCCO!

Launched and envisioned by our own **Matt Scinto**, the Cape Cod Chamber Orchestra has been selected as a National Semi-Finalist in Orchestral Performance for the American Prize competition in the performing arts. Congratulations to all of its musicians and especially to music director and Pilgrim Church member and bell choir leader Matt Scinto! The American Prize has attracted hundreds of qualified contestants from all fifty states since its founding, has awarded more than \$60,000 in prizes in all categories since 2010, and is presented annually in many areas of the performing arts. It will be announcing finalists in this division soon.



Don't miss CCCO's "An Afternoon of Chamber Music" on Sunday, February 16th at 3 PM here at Pilgrim. (Pre-concert Student Showcase starts at 2:15 PM featuring pianist Jim DellaMorte (senior at Sturgis Charter School), cellist Andrew Juan (junior at Sturgis Charter School), and Olivia Di Bari (senior at Nauset Regional HS). Join members of the CCCO with music of Dvořák, Copland's Appalachian Spring Suite, and Piazzolla, featuring harpist Charles Overton.

February Birthdays

02/04: Richard Burwell
02/09: Susan Cartmell
02/11: Dave Brown
02/13: Jill Gabriel
02/13: Kieran Kidd
02/13: Roy Terwilliger
02/12: Susan Blodgett
02/28: Virginia Moore

Happy Birthday!



Steeple Lightings

January 12:
Karin Larson

January 16:
Bruce Wolf

January 18-21:
Sam & Suzy Blodgett

January 19:
Richard Friberg

February Sermons: God's Call to Healing

February 2nd:

"Deciding to Look Ahead"

(John 5: 1-15)

February 9th:

"Reaching for your Heart's Desire""

(Luke 8: 43-56)

February 16th:

Guest Preacher

Rev. Ed Ferrel-Starbuck

February 23rd:

"Friends Who Believe in You: How to Create a Community of Healing"

(Luke 5: 17-26)

*Read sermons on our website or watch on Facebook live
if you cannot join us in person.*

March Sermons: Called to Community

March 8: David Roth concert during the 11:00 AM service!

Pilgrim Congregational Church

533 Route 28
PO Box 247
Harwich Port, MA 02646

508-432-1668
office@pcchp.org
www.pcchp.org

