South Hill Vaccine Clinics

Thank you for your patience while we took the time to find a way to give your child their routine immunizations in the safest way. To minimize your interaction with other families and staff at the clinic we will be opening the clinic on Saturdays for spaced out, booked, vaccine only appointments. Starting April 4th, 2020. These appointments will be for babies aged 2 months to ~ 18 months only. For children 4-6 years old requiring vaccines, these will be delayed for now.

After reviewing with the BC Children’s Hospital Immunization program, our in-house Pediatrician and the Canadian Pediatric Society recommendations, this is how we can help you get your vaccines during this challenging time:

1. Your regular health care provider will do an initial phone/video appointment to review developmental milestones, to provide information and to answer your questions. If this was already done in the last 2 weeks, you can go directly to a vaccine visit by calling reception for a Vaccine Clinic appointment. You CANNOT book this online.

2. After your virtual appointment with your doctor or nurse practitioner we'll see you in at the vaccine clinic on a future Saturday for vaccines. It would be very helpful to us if you can weight your baby at home (naked), removing the need to undress your baby and weight them at the clinic. We are doing our best to clean every surface possible, but the best way to avoid contamination is to interact with the least amount of people and surfaces at the clinic. If you don’t have a scale at home we can weigh your baby at the clinic.

Reminder: The vaccine visit will be limited to vaccines only.

We will be doing a physical exam and vaccines, but will not be answering questions, or generally being social. We love talking to you and answering your questions, but to limit your exposure the plan is a physical exam and vaccines only and then we will ask you to leave the clinic. If you have questions please book a follow up appointment with your health care provider over the phone/video. After your vaccination(s) please wait in your car or outside the clinic for 15 min in case of a rare serious reaction.

How to book an appointment:

1. If you were asked to defer your vaccines, but have already had a phone appointment for your child’s 2,4, 6, 12, or 18 month visit, please call reception to book a Saturday Vaccine Clinic appt.
2. If you have not had a virtual visit to review developmental milestones/questions with your provider, please book this online as per usual as a phone or video appt. Your provider will help you book in your in person vaccine clinic appointment during this virtual appointment for a future Saturday Vaccine Clinic visit.
What if I want someone to look at something on my baby’s body?

When you have your initial phone/video consult with your provider, please let them know if there is something about your baby’s body that should be noted during the physical exam/vaccine visit. If it is seen as urgent to do a physical exam they will ask you to book an in person visit with them. If they can assess over video (e.g. skin rash) they will try and keep you safer by helping over video when possible.

How can I help reduce risk of COVID19/Corona Virus?

- Only one adult to come in with baby. Please do not bring siblings, if possible.
- Wash your hands on entering clinic and leaving clinic.
- Please do not come into the clinic if you have COVID symptoms (cough, fever, sore throat, diarrhea). If you have COVID symptoms, or have travelled, please self quarantine for 14 days before coming to the clinic.
- Please leave your car seat/stroller outside, just carry your baby in, if possible.
- Dress your baby in something easy to remove, e.g. pants and a t-shirt.
- If you can, weigh your baby at home (you can use an adult scale, weigh yourself, then yourself with your baby and subtract the difference), bring this number with you to the clinic. If you don’t have a scale, we can weight your baby.
- Come in at exactly your appointment time, please do not come early or late as this will mean interaction with other families.
- Do not sit in the waiting room, just stand by the reception desk, we will take you directly into a room to do your vaccines.
- If you are planning on breast feeding during vaccines, please be ready to do so (wearing easily accessible clothes).

What if I have cold symptoms or my baby has cold symptoms or a fever?

Please defer your vaccine visit until both you and your baby are healthy and symptom free. The recommendation is to defer for 14 days from the onset of symptoms for anyone coming into the clinic. If you are worried about symptoms, book a phone/video visit with your provider.

Please direct any questions concerns you have to your health care provider in your initial phone/video visit. We are still working at full capacity, and are happy to talk with you over the phone/video about any concerns you have your baby, don’t hesitate to book an appointment as needed. If we ever feel a physical visit is necessary we will ask you to come into the clinic for an in person visit with your usual provider.

Thank you for you helping us help you stay safe!
South Hill Team