As the Coronavirus continues to spread throughout the country, movement restrictions coupled with heightened food insecurity is a harsh reality for the residents we serve. We are asking for our donors and volunteers to donate food/and or financial resources to local food pantries/ and or food banks. Below you will find a list of food pantries and food banks as well as a list of items that you might be able to donate to a food pantry or food bank.

Food Banks and Pantries:

Food Bank of Contra Costa/ Solano
4010 Nelson Ave
Concord, CA 94520
925-676-7543
https://give.foodbankccs.org/give/212953/#!/donation/checkout

St. Vincent de Paul of Contra Costa
2210 Gladstone Dr
Pittsburg, CA 94565
925-439-5060
https://interland3.donorperfect.net/weblink/weblink.aspx?name=E347699&id=4

St. Bonaventure Catholic Church
5562 Clayton Road
Concord, CA 94521
925-672-5800
https://www.stbonaventure.net/giving

White Pony Express
3380 Vincent Road #107
Pleasant Hill, CA 94523
925-322-0604
https://whiteponyexpress.org/donate-food

Monument Crisis Center
1990 Market St.
Concord, CA 94520
925-825-7751
https://www.monumentcrisiscenter.org/donate-now

List of Items to Donate:

**Fruit:**
- Canned or fresh or juice

**Vegetables:**
- Could be fresh or canned
- Pasta sauce

**Grains:**
- Bread
- Pasta
- Rice
- Dry Cereal

**Protein:**
- Eggs
- Butter
- Canned Tuna or other canned meat
- Cans of cooked beans or dry beans
- Lunch meat
- Hearty Soup

**Dairy:**
- Milk
- Yogurt
- Cheese

**Fats/Treats:**
- Cooking oil
- Mayo
- Butter
- Sugar
- Crackers
- Cookies
- Jam