

The Typika

When Liturgy with a priest is not possible.

Adapted for home use for Holy Trinity families and individuals. Individuals may find it feels more prayerful to read it silently. Assign one lead reader, or someone to share out the readers parts.

The service is normally done before your personal or family icons, if there is room, with the icon candle lit. Mark your bible ahead of time with the Epistle and Gospel readings for the day, or pre-set the video clip of the readings that we will be sending out for each Sunday. The hymns assigned for a particular day (sent separately) may be sung at the end of this Typika service.

This Service is adapted from the Typika Service as arranged for servicemen and women by Fr. Jerome Cwiklinski, a military chaplain.

Reader: Through the prayers of our holy fathers, Lord, Jesus Christ our God, have mercy upon us. Amen.

Response (if others are present): **Lord, have mercy. (3)**

The First Antiphon Psalm 102(103)

All sing, or the reader reads:

Bless the Lord, O my soul! Blessed art Thou, O Lord!

**Bless the Lord, O my soul! And all that is within me,
bless His holy Name!**

Bless the Lord, O my soul! And forget not all His benefits!

Who forgives all your iniquities, who heals all your diseases!

**The Lord is compassionate and merciful, long-suffering
and of great goodness.**

Bless the Lord, O my soul! Blessed art Thou, O Lord!

Reader: Lord, have mercy. (3)

The Second Antiphon
Psalm 145(146)

Reader: Glory to the Father, and to the Son, and to the Holy Spirit.

All sing, or the reader reads:

Praise the Lord, O my soul!

**I will praise the Lord as long as I live;
I will sing praises to my God while I have being.
Put not your trust in princes, in sons of men
in whom there is no salvation.
When his breath departs he returns to his earth:
on that very day his plans perish.
The Lord will reign forever;
Thy God, O Zion, to all generations.**

Reader: Now and ever and unto ages of ages. Amen.

All sing, or the reader reads:

**Only-begotten Son and Immortal Word of God.
Who for our salvation didst will to be incarnate
of the holy Theotokos and Ever-Virgin Mary;
Who without change didst become man and was crucified.
O Christ our God, trampling down death by death;
who art one of the Holy Trinity,
Glorified with the Father and the Holy Spirit: Save us!**

Reader: Lord have mercy. (3)

The Third Antiphon
The Beatitudes

All sing, or the reader reads:

**In Thy Kingdom remember us, O Lord,
when Thou comest in Thy Kingdom.**

**Blessed are the poor in spirit,
for theirs is the Kingdom of heaven.**

**Blessed are those who mourn,
for they shall be comforted.**

**Blessed are the meek,
for they shall inherit the earth.**

**Blessed are those who hunger and thirst after righteousness,
for they shall be filled.**

**Blessed are the merciful,
for they shall obtain mercy.**

**Blessed are the pure in heart,
for they shall see God.**

**Blessed are the peace makers,
for they shall be called the sons of God.**

**Blessed are they that are persecuted for righteousness sake,
for theirs is the Kingdom of heaven.**

**Blessed are you when men shall revile you and persecute
you,**

**and shall say all manner of evil against you falsely,
for my sake.**

**Rejoice and be exceedingly glad,
for great is your reward in heaven!**

The Introit

All sing, or the reader reads:

Come, let us worship and fall down before Christ,

Who didst rise from the dead,

O Son of God, save us who sing to Thee:

Alleluia!

***Sing the Resurrectional Troparion
in the tone of the week.***

The Trisagion

All sing, or the reader reads:

Holy God! Holy Mighty! Holy Immortal, have mercy on us! (3)

Glory to the Father, and to the Son, and to the Holy Spirit.

Now and ever, and unto ages of ages. Amen.

Holy Immortal! Have mercy on us!

Holy God! Holy Mighty! Holy Immortal! Have mercy on us!

The Readings from Holy Scripture

*Here you may chose to play the clip of the deacon and reader at
Holy Trinity reading the texts for the day, and/or the sermon clip
(both sent separately).*

Or you may read or Intone the following in this order:

The Epistle

Reader: The reading from the Epistle of St. Paul to the

_____.

All sing, or the reader reads:

Alleluia, Alleluia, Alleluia

The Gospel is introduced in the following manner:

Reader: The reading from the Holy Gospel according to St.

_____.

All sing, or the reader reads: **Glory to Thee, O Lord, glory to Thee!**

The Gospel

When the Gospel reading is completed, all sing or exclaim once more:

Glory to Thee, O Lord, glory to Thee!

The Reader then reads the following prayer:

Prayer to the Lord of Hosts

Reader: Glory to the Father, and to the Son, and to the Holy Spirit,

now and ever and unto ages of ages. Amen.

Remember us, O Lord, when Thou comest into Thy Kingdom.

(Reverence)

Remember us, O Master, when Thou comest into Thy Kingdom.

(Reverence)

Remember us, O Holy One, when Thou into Thy Kingdom.

(Reverence)

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy,
Lord

God of Hosts; heaven and earth are full of Thy glory.

Come unto Him and be enlightened, and your faces shall not be
ashamed.

The heavenly choir sings to Thee, and cries: Holy, Holy, Holy,
Lord

God of Hosts; heaven and earth are full of Thy glory.

Glory to the Father, and to the Son, and to the Holy Spirit.
The choir of holy Angels and Archangels, with all the Powers of
heaven, sing Thy praises and do cry: Holy, Holy, Holy, Lord God
of
Hosts; heaven and earth are full of Thy glory.
Now and ever and unto ages of ages. Amen.

The Symbol of Faith (the Creed)

All:

**I believe in one God, the Father Almighty,
Maker of heaven and earth,
And of all things visible and invisible.**

**And in one Lord Jesus Christ, the Son of God,
The only-begotten, begotten of the Father before all ages.
Light of Light; true God of true God;
Begotten, not made; of one essence with the Father,
By whom all things were made;
Who for us men and for our salvation
Came down from heaven,
And was incarnate of the Holy Spirit and the Virgin Mary,
And became man.
And He was crucified for us under Pontius Pilate,
And suffered, and was buried.
And the third day He rose again, according to the Scriptures,
And ascended into heaven,
and sits at the right hand of the Father
And He shall come again with glory
to judge the living and the dead;
Whose Kingdom shall have no end.**

**And in the Holy Spirit, the Lord, the Giver of Life,
Who proceeds from the Father;
Who with the Father and the Son**

**together is worshipped and glorified;
Who spoke by the prophets.
In one Holy, Catholic, and Apostolic Church.
I acknowledge one baptism for the remission of sins.
I look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayer of Forgiveness

Reader: O God, remit, pardon and forgive our sins, whether voluntary or involuntary, whether by words or deeds, whether in knowledge or ignorance, whether by day or night, whether in mind or thought; forgive us all these, for Thou art good and lovest mankind.

The Lord's Prayer

All sing, or the reader reads:

**Our Father, who art in heaven,
hallowed be Thy name,
Thy Kingdom come.
Thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from the evil one.
Amen.**

***Sing the Resurrectional Kontakion
in the tone of the week.***

*Theotokion
(Tone 6)*

All sing, or the reader reads:

**Steadfast Protectress of Christians
constant advocate before the Creator:**

**Despise not the entreating cries of us sinners
but in your goodness come speedily to those
who call on you in faith.**

**Hasten to hear our petition and to intercede
for us, O Theotokos,
for you always protect those who honor you.**

Reader: Lord, have mercy. (12)

All-holy Trinity, Mighty one in essence, Kingdom undivided,
origin of all good things, be graciously inclined also to me, a
sinner. Establish me; give understanding to my heart, and purge
away all my vileness. Enlighten my mind, that I may glorify, sing
praises, and adore Thee, and say:

All sing, or the reader reads:

**One is Holy, One is the Lord, Jesus Christ,
in the glory of God the Father. Amen.**

**Blessed be the Name of the Lord, henceforth and
forevermore. (3)**

Reader: Glory to the Father, and to the Son, and to the Holy
Spirit,
now and ever and unto ages of ages. Amen.

Psalm 33

I will bless the Lord at all times; his praise shall continually be in
my mouth. My soul makes its boast in the Lord; let the afflicted
hear and be glad. O magnify the Lord with me, and let us exalt
His name together. I sought the Lord, and he answered me. Look
to Him, and be radiant; so your faces shall not be ashamed. This
poor man cried, and the Lord heard him, and saved him out of all
his troubles. The angel of the Lord encamps around those who
fear Him, and delivers them. O taste and see that the Lord is
good! Happy is the man who takes refuge in Him! O fear the Lord,

you His saints, for those who fear Him have no want. The young lions suffer want and hunger; but those who seek the Lord lack no good thing. Come, O sons, listen to me, I will teach you the fear of the Lord. What man is there who desires life, and covets many days, that he may enjoy good? Keep your tongue from evil, and your lips from speaking deceit. Depart from evil, and do good; seek peace, and pursue it. The eyes of the Lord are toward the righteous, and his ears toward their cry. The face of the Lord is against evildoers, to cut off the remembrance of them from the earth. When the righteous cry for help, the Lord hears, and delivers them out of all their troubles. The Lord is near to the brokenhearted, and saves the crushed in spirit. Many are the afflictions of the righteous; but the Lord delivers him out of them all. He kept all his bones; not one of them is broken. Evil shall slay the wicked; and those who hate the righteous will be condemned. The Lord redeems the life of his servants; none of those who take refuge in Him will be condemned.

Hymn to the Theotokos
(Tone 8)

All sing, or the reader reads:

**It is truly meet to bless you, O Theotokos,
ever blessed and most pure, and the Mother of our God.
More honorable than the Cherubim,
and more glorious beyond compare than the Seraphim:
without defilement you gave birth to God the Word:
true Theotokos, we magnify you.**

Here you may choose to read the parish intercessions (updated every week and sent separately)

The Dismissal

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy. (3)

Reader: Lord Jesus Christ, Son of God, through the prayers of Thy most pure mother; by the power of the honorable and life-giving Cross; and by the holy bodiless powers of heaven; of our Holy, Venerable and Godbearing Fathers; and of all Thy saints, have mercy on us.

All sing, or the reader reads:

Amen. Lord, have mercy. (3)

Everyone bows to the icons and to each other.

The Troparia and Kontakia may be sung here.

[End of Typika]